

## WELLBEING IN ACTION

The Positive Schools JUNE-OCTOBER-NOVEMBER 2023
IN PERSON Conferences for
All Primary and Secondary Educators

Brisbane BCEC 7/8/9 June 2023

Sydney SMC Sydney 25/26/27 Oct 2023
Melbourne MCEC 8/9/10 Nov 2023
Perth Fremantle Rydges Hotel
22/23/24 Nov 2023





### DAY ONE MAIN STAGE & WORKSHOPS "[This conference] was inspiring,



Competency & Success: How Good is Good Enough? Dr Helen Street



Designing the Culture you Desire: A Conversation with a 150-yr-old Futurist Janis Coffey - ALL STATES

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Dr A.JBetts



informative and I wanted to change the world..." Melanie Chapell, Margaret River SHS

The Power of Vulnerability



The Cost of Excellence Rev Richard Pengelley



Do we Need a Psychologist? Exploring the Ways in which School Psychologists can Support Teachers and Leaders, and Produce Positive Change in Students. Jesse Diggins & Dr. Nathan Castle



Developing and Implementing a Whole-School Wellbeing Model Paul Graham





Full Catering Including a Sumptuous HOT BUFFET Lunch



Intergenerational **Connection for Better** Mental Health Samantha Heron



**Thinking Traps** Ben Scoll

## DAY ONE MAIN STAGE &

WORKSHOPS





A Thousand Words:
The Power of Art for
Understanding Complex Issues
Matthew Johnstone



"Fabulous. Inspiring. Challenging. Well-Organized. Professional" Sandi Grylls, Educator



Who is Responsible for Teacher Wellbeing? Daniela Falecki



'Student Emotions in the Real World and Teachers' Too!' Dr Brenda Heyworth



Supporting Student Engagment and Performance with Healthy Lifestyles Prof. Grant Schofield



The Mindful School Pathway David Hewitt Mindfulness Meditation Australia



Respectful Relationships for Enhanced Student Wellbeing. Beyond Outdated School Dances Ben Russell

Truly incredible. Hugely valuable!! Sensational!! Sue Higgins, Positive Schools Delegate



Dog-Assisted Learning. - Education, Engagement and Ethics Sarah Macdonald



Supporting Staff Wellbeing Through Trauma Informed Practice Michael Hardie

More to come! See website for full details www.PositiveSchools.com.au



# DAY TWO MAIN STAGE



From Passion to Practice -An Interactive Exploration of What Works and What Next Charlie Scudamore



Managing Bullying and Aggression with Effective Communication John Hendry



The Art & Science of School Refusal-Creating a Full School Approach to Better Support School Reluctance & Refusal Jo Pengelley



"A voluntary mental health and wellbeing check for Australian school students.." Dr Lauren McLellan & Professor Ron Rapee Macquarie University



How to Talk to Kids and Teens Dr Michael Carr-Gregg

"Unreal as Usual – LOVE IT SO MUCH" Melanie Lain, Teacher



I'm Safe, I'm Here,
I'm Listening: a Practical
Guide to Effective
Classroom Communication
Justin Roberts
The Mackillop Institute



Targeting Substance Use and Mental III-Health in Adolescents Dr Lauren Gardner ) & Amy Leigh-Rowe The University of Sydney



How to talk to kids with meaning and purpose Ted Bradshaw

**e**ngage, Inspire, Ignite



Luck Favours the Brave: A lesson of Risk, Challenge and Self Discovery Tim Cope

## WELLBEING IN ACTION MET BEING IN ACTION

#### **Positive Schools 2023**

Australian educators know how important it is to support mental health and wellbeing in all students.

In 2023, we focus on the 'how' of putting wellbeing ideas and knowledge into sustainable and realistic action in our classrooms and schools; in an equitable, inclusive and realistic way.

ow can we talk to students with different identities, from different backgrounds, so that they hear us; and how do we listen to them so that they want to talk?

ow can we invest in the PROCESS of building positive relationships, competency and autonomy in the contexts our schools, while still meeting the demands of an overflowing curriculum?

ow can we support competency in all students, despite their differences and differing abilities? In fact, is it even possible to support competency in everyone?

ow do we ensure we are measuring success according to what really matters to us? In short, how can we prioritize self-determination and a

love of learning; when we work in systems that

prioritize academic outcomes?

Completing The NSW Positive Schools Conference 2023: Day 1 and/or 2 will each contribute 5 hours of Education Standards Authority (NESA) Accredited PD in the priority area of Student/child Mental health addressing standard descriptors 1.3.2, 1.5.2, and 4.1.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in



### PRE-CONFERENCE WORKSHOP

## ove to Learn

Supporting Staff and Student Wellbeing Wellbeing through Engagement



Or Helen Street
ALL STATES

ne of the biggest causes of **TEACHER STRESS** and **OVERWHELM** 

is student **DISENGAGEMENT** and an ongoing lack of motivation. In contrast, one of the biggest predictors of perceived SUCCESS and overall

**WELLBEING**, is **STUDENT ENGAGEMENT** 

AFF & STIINFNT WELLREING

Moreover, research tells us that **ENGAGEMENT** supports **LOWER ANXIETY**, better **ATTENDANCE**, and less antisocial and risky behaviour.

When a student is **ENGAGED** in their learning, they have increased capacity to THRIVE socially, emotionally and academically. And teachers have increased opportunity to teach well and **BE WELL**.

Positive Schools founder **DR HELEN STREET** draws on current research into motivation and engagement, along with 20 years' experience working with schools to support learning and wellbeing in this **FULL DAY WORKSHOP** 

LOVE TO LEARN
supporting engagement to
increase student and
staff wellbeing
with Dr Helen Street

### Positive REGISTER TODAY SCHOOLS 2023 Complete this form, scan and email/ fax to info@PositiveSchools.com.au 08 93888 8843

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EARLY BIRD		STANDARD	NDARD NOTE: All pre-conference workshop registrations include copies of Contextual Wellbeing .										
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MAIN DAY TWO	\$268	\$285	ADD GST	10%	PSO Conference Special								
MAIN DAYS 1 & 2	\$510	\$550	ADD GST	10%	*Join Positive Schools Online (PSO) professional learning platform								
PSO	\$29.95	\$29.95	ADD GST	(positiveschools.com). Purchase a 12-month individual subscription for just \$29.95 p p , when									

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www.PositiveSchools.com PSO www.PositiveSchools.com.au Live Events

The Positive Schools Inititive - The peak body advocating for, equitable and inclusive school communities for all young people

presentations

"Fantastic!! Can't wait to implement what I have learned" Shayna Nichols, Positive Schools Delegate

(Westpac account Wise Solutions A/C No. 294496 BSB: 036051) By agreeing to the agreed fee you have read the terms and conditions downloadable at www.positveschools.com.au. Payment: Invoices will be sent on completion of application (subject to approval) . A.B.N. 58 762 380 602 .. PO BOX 634 Subjaco 6904 Australia

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